

# PEOPLE'S PUBLIC SCHOOL

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Circular 03/2023-24

# CLUBS AND SPORTS ACTIVITIES AT PEOPLE'S PUBLIC SCHOOL

"Your skills determine your ability to execute your dreams."

Dear Parent, Greetings from PPS!

With an aim to equip our school students with the relevant employability and entrepreneurial skills, as per the recommendations of NEP 2020, PPS has taken many initiatives for integrating Skills and Sports in our regular curriculum.

PPS is committed towards the development of skills in students and aims to develop good human beings capable of rational thought and action, possessing compassion, empathy, courage, resilience, scientific temper and creative imagination with sound ethical moorings and values. We aim at making engaged, productive, and contributing citizens for building an equitable, inclusive and plural society as envisaged by our Indian Constitution.

#We will have 3 days a week sports and rest 3 days club activity for the students.

**#Students are advised to choose one sports activity and one club activity respectively.** 

## SPORTS ACTIVITIES OFFFERED:

"A sound mind in a sound body". Physical exercise for growing children is imperative for a healthy body and mind. We provide a robust physical activities which engages the students in Indoor and Outdoor sports.

- 1. Football
- 2. Basketball
- 3. Cricket
- 4. Table Tennis
- 5. Boxing
- 6. Badminton
- 7. Karate
- 8. Volleyball

#### **CLUBS ACTIVITIES OFFERED:**

### 1. DHWANI CLUB (INSTRUMENTAL):

Music club at school can help students reduce stress and depression, thus preventing physical health issues. Music classes in school will help students relax by synchronising with the beats and this way the students are able to concentrate on subjects.

- a. Violin
- b. Guitar
- c. Synthesizer
- d. Percussion Drums/Congo

# 2. CHEFS OF PPS (CULINARY ART):

Proficiency in Culinary is an important life skill in the 21st Century; to equip and promote gender equality among our young master chefs, the club gives hands-on experience in the sessions on the art of food preparation, cooking and presentation.

#### 3. NIROGYAM:

The students learn Yoga, Health and Nutrition and Wellness to achieve the integrated growth of mind, self-management of behavior, thought and attitude. This also helps students to develop a disciplined and wholesome personality.

- a. Yoga.
- b. Health and nutrition
- c. Beauty and Wellness

#### 4. ARTVAGANZA

The school is specially equipped with Art studio to develop every student's craftsmanship. Students are texture painting, abstract paintings, and traditional paintings like Warli, Tanjore, Kalamkari, Miniature, Madhubani paintings and many more. The students are also taught Tribal art, Warli art, Pot painting, 3D pot painting, Fabric painting, Nib painting, Silk painting, Paper quilling, Origami, Gel painting, Polymer clay craft, 3D Art etc. The Club promotes free thinking among students which helps them to produce aesthetic and vivid objects, environments or experiences. Activities like sketching, colouring, painting, craft, paper folding, tie & dye, batik and stitching are described elaborately.

# 5. SHAKESPEAREN CLUB (LITERARY ACTIVITIES +PUBLIC SPEAKING+CREATIVE SKILLS):

This club foster to provide participating students a valuable educational activity with primary emphasis on debate activities and competitions which improves critical thinking, research skills, ethical argumentation, advocacy, analysis, oral presentation, listening, organization, team work, group problem solving, emphasis good communication skills in the students in English language. This club connects, supports and inspires different ages of students to empower them through speech and debate.

#### 6. DANSPIRATION:

Students in this Club are taught to move rhythmically, usually towards music, using prescribed or improvised steps and gestures. The importance of this nonverbal form of communication is emphasized at a great length. Involvement of flexibility and body movements help children in keeping themselves fit. Various forms of dance like ballet, hip hop culture, salsa, classical dance, tango, Indian folk etc. are being harped at in the Club.

- a. CLASSICAL
- b. WESTERN

\*Requirement: Musical instruments/ Art and Craft materials/ Yoga Mat should be carried by students.

Thank You Warm Regards, PPS Family

1. FOOTBALL	
2. BASKETBALL	
3. CRICKET	
4. TABLE TENNIS	
5. BOXING	
6. BADMINTON	
7. KARATE	
8. VOLLEYBALL	
a.Violin b. Guitar c	c. Synthesizer d.  Percussion – Drums/Congo
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3. NIROGYAM	
4. ARTVAGANZA	
5. SHAKESPEAREN	
6. DANSPIRATION	